Pattern of diseases among retired age group (40-65) year in Khartoum state from July to October 2008

Abstract

Conducting research on retired age group (40---65) years for developing more knowledge on pattern of diseases is my general objective. My specific objectives must give me a clue about socioeconomic status and I found that most of them lies in the low socioeconomic group and so they rarely follow up with doctor . I found that most of them are suffering from hypertension. Iam pleasant about discovering their health information about exercise and prevention from common chronic diseases . My methods in this research is collecting data via questionnaires . I distributed them to retireds in the state centre of retirement in Khartoum state at the first few days of September 2008 when they were already receiving their salaries . Then I managed my data by soft ware, and by descriptive analysis I gained my results . As I thoughted , it is non productive,neglected group . It is true about neglection but wrong about production . This group ,although some of them are old, but have ability to perform any work to help themselves and their families.