Assessment of Usage of Cosmetic Creams And Knowledge about Their Side Effects among Female Students In Universities In Khartoum state from July to October 2008

Abstract

This is cross sectional descriptive community based study aims to study the usage of cosmetic creams between females student in universities in Khartoum state 2008.

The sample selected by multi stage sampling & hence it was done in 3 universities: Khartoum University, Al Sudan University, & AL Nellain University.

The major findings are:

The majority of the students are cosmetic creams users, because they using them without medical prescription from the specialized doctor.

The commonest cream been used is sun block and the commonest source is pharmacy.

Reasons of this abusage is seeking for beauty, or having skin problem, & because of the encouragement done by their friends & families.

Side effect are: acne, black spots, or both of them, exfoliation of the skin & other skin lesion. Most of the students do not have side effects & they aware about cosmetic creams side effects, but they will continue using them because they are convinced about it.