Abstract:

Hygiene refers to practices associated with ensuring good health and cleanliness and it is a science that deals with the promotion and preservation of health.

The research will estimate the knowledge of children and their attitude and actual practice toward personal hygiene.

Study is descriptive, Cross – Sectional community based study , the target Group was pupils of 2nd to 7th class in Alshaheed Alwasyla aldo and Badr Alkobra basic schools . Sample size was 126 of pupils (57 are boys and 69 are girls )

Sample technique by simple and systemic randomly sampling .

The results emphasize that the knowledge of pupils toward personal hygiene is fortunately good as we can see in figure (1) (87.7%) of boys know the importance hand washing and (86.8%) of girls know the importance of hand washing . Also in figure (10) 100% of girls and (94.7%) of boys know the importance of nails cutting. Also in table (6) (70.6%) believe that brushing teeth important for prevention from dental caries . So by far, pupils know about simple health issues as personal hygiene which is an important issue that can lead to high level wellness if applied on practice .